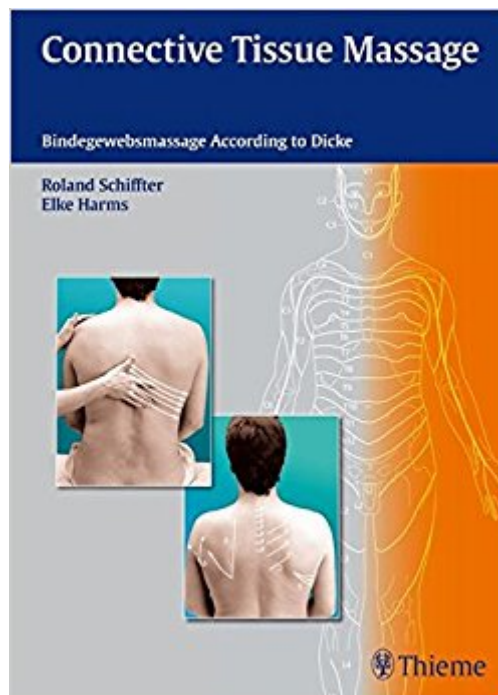




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Connective Tissue Massage: Bindegewebsmassage According To Dicke (Reihe, Physiofachbuch)



Synopsis

Dicke's systematic, scientifically based treatment method of connective tissue massage (or "Bindegewebsmassage") is now in wide use throughout the world. In this book, practitioners will get the first detailed, "how-to" description of connective tissue massage (CTM) including the principles, knowledge, and skills to implement it. **Special Features:** Begins with the origin and practical benefits of CTM, including its neuroanatomical and neurophysiological basis Explores the relationship between the sensory, motor, and autonomic nervous systems and the complex reflex mechanisms that are activated by CTM therapy Describes and illustrates specific stroking techniques that trigger the appropriate neural reflexes in every body segment Shows how to make a diagnostic assessment based on skin, connective tissue, and muscle zones Covers the full range of orthopedic, neurological, internal medicine, and gynecologic disorders that can be effectively treated with CTM Complete with treatment plans, indications and contraindications, and modern medical guidelines, this book is essential for all physical and massage therapists and osteopaths who want to successfully integrate CTM into their practices. It is also a fascinating reference for physicians and other medical professionals who are interested in learning more about this important manual technique.

Book Information

Series: Reihe, Physiofachbuch

Paperback: 200 pages

Publisher: TPS; 1 edition (July 17, 2014)

Language: English

ISBN-10: 313171431X

ISBN-13: 978-3131714312

Product Dimensions: 7.6 x 0.4 x 10.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,779,735 in Books (See Top 100 in Books) #71 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Chemotherapy](#) #973 in [Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure](#) #1420 in [Books > Medical Books > Medicine > Internal Medicine > Oncology](#)

Customer Reviews

"I wholeheartedly recommend this book! It is brilliantly designed with a solid clinical focus, in a

user-friendly format." -- Michael Masaracchio, PT, PhD, FAAOMPT, Associate Professor, Long Island University, Brooklyn, NY

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Great book to help understand what this massage is all about.

Very instructive. Use it currently

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